

K1 Physical Development



- Engage in physical activities
- Develop body balance and coordination skills, such as walking and climbing stairs
- Acquire basic manipulative movement skills, such as riding a bicycle and kicking a big ball
- Enhance hand-eye coordination, spatial orientation and muscle control of hand and fingers through diversified fine motor activities, such as beading, shaping modelling clay, drawing lines and twisting bottle cap, etc.



K2 Physical Development



- Engage in physical activities and demonstrate vigour and confidence
- Further improve body balance and coordination skills, such as walking on a balance beam, jumping consecutively forward and backward, and hopping with a single leg
- Manipulate tools such as scissors and tape holder safely to perform simple cutting and pasting



K3 Physical Development

- Pay attention to one's own safety and the surroundings when performing physical activities
- Acquire various gross motor skills, such as going through obstacles by continuously striding, jumping and running
- Manipulate various common tools such as scissors, tape holder and ruler with ease
- Acquire fine motor skills and hand-eye coordination to improve self-care abilities, such as tying shoe laces, wearing a belt and sharpening a pencil

